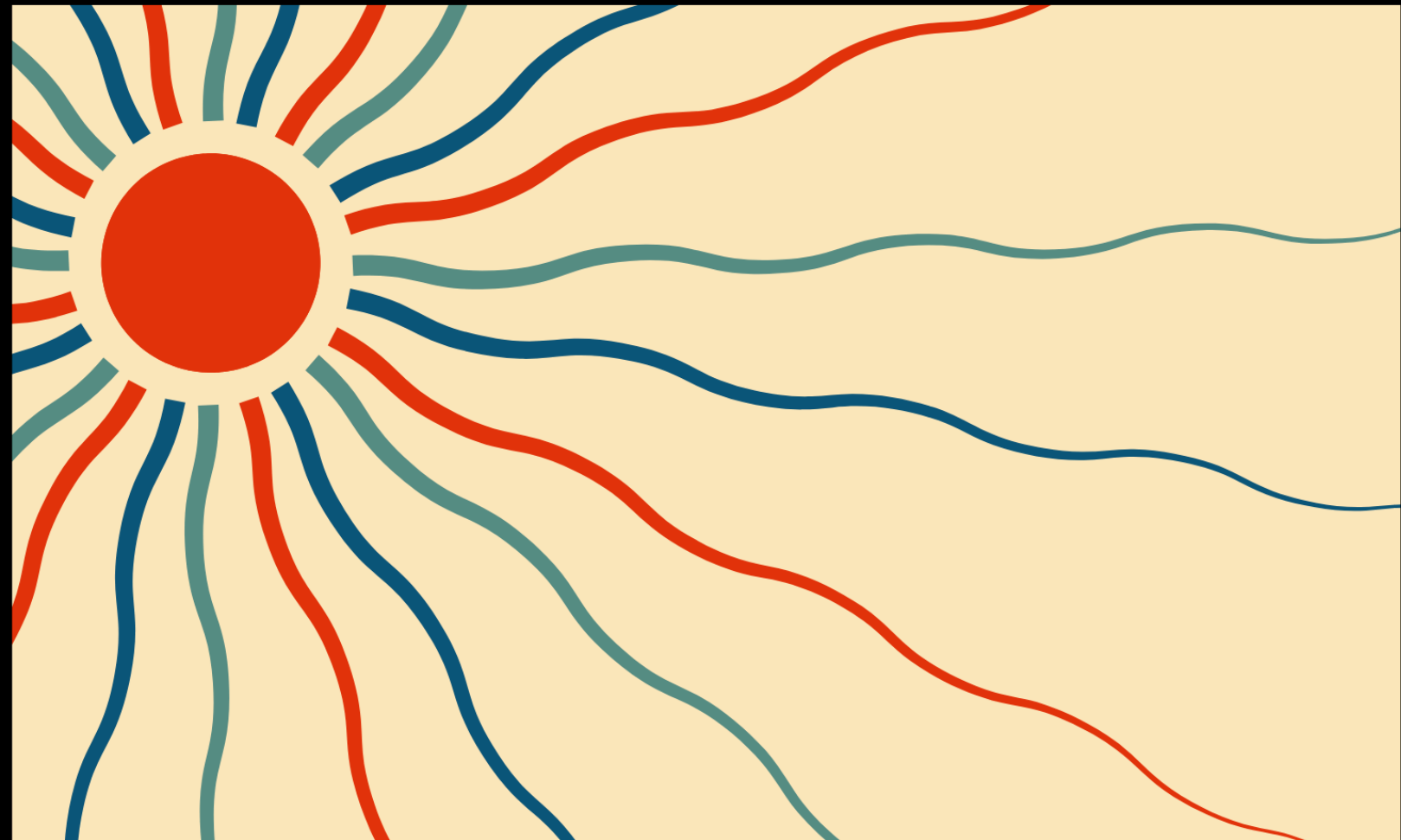


# Not Your Parents' Retirement


## 🔥 *Day Two: Reignite What Brings You Joy* Life After Work Identity Journal

Rediscover Who You Are Beyond the Job Title



## Day 2: Rediscovering What Lights You Up

Make a list of “things that make me feel alive.” These clues point directly to your next identity — one rooted in joy and curiosity.

 What activities or hobbies used to bring you joy — even if you haven’t done them in years?

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